

STATE of MINNESOTA

Proclamation

WHEREAS: The brave men and women of the United States Armed Forces—who proudly serve and risk their

lives to protect our freedoms—deserve our continued support to ensure their lasting physical,

mental, and emotional well-being; and

WHEREAS: Post-traumatic stress injury occurs after a person has experienced a trauma, and can result from

not only the stress of combat, but also sexual violence, as sault and torture, confinement, child $\,$

abuse, car accidents, train wrecks, plane crashes, bombings, or natural disasters; and $\,$

WHEREAS: Post-traumatic stress has historically—and inaccurately—been viewed as a mental illness caused

by a pre-existing flaw in the individual's brain or character; and

WHEREAS: Referring to post-traumatic stress injury as a disorder perpetuates the stigma associated with

mental illness, which can discourage those suffering from post-traumatic stress from seeking

proper and timely medical treatment; and

WHEREAS: Destignatizing the condition can encouarge those affected by it to seek the help without fear of

retribution or shame; and

WHEREAS: Proper and timely treatment that can diminish suicide rates and improve the well-being of our

Armed Forces members and veterans; and

Whereas: All citizens suffering from post-traumatic stress injury deserve recognition, while those who have

received these wounds in service to our nation further deserve our respect and special honor.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim Wednesday, June 27, 2018 as:

POST-TRAUMATIC STRESS INJURY AWARENESS DAY

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 8^{th} day of June.

GOVERNOR

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SECRETARY OF STATE